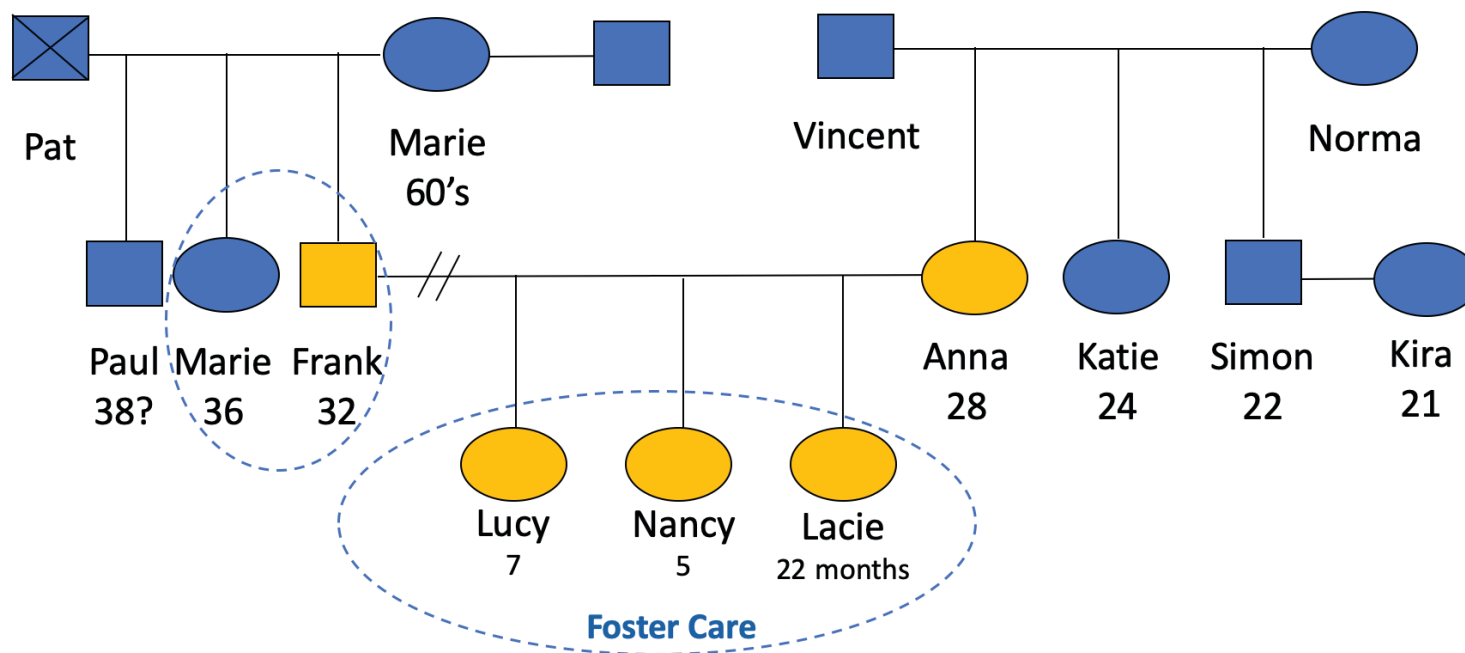


The Case of Lucy, Nancy and Lacie

© Copyright 2019 Elia International Ltd

THE MAPPING



WHAT ARE WE WORRIED ABOUT?	WHAT'S WORKING WELL?	WHAT NEEDS TO HAPPEN?
<p>Past Harm</p> <p>Mrs Finch from school has told CPS in February 2016 that since Anna and Frank have separated Lucy and Nancy often come to school in dirty clothes and some days smell like wee.</p> <p>In March 2016, Miss James told CPS workers that Nancy had come to nursery school with a bruise on her thigh and she said that Nana Norma had put some make up on it so people didn't see. Nancy said she couldn't remember how she got the bruise.</p> <p>Frank told workers at CPS that he is worried about the girls because when he was working away Anna would sometimes go out and leave the girls home with no adults to look after them. Anna says she didn't leave them for very long and that she thinks they are big enough to stay home sometimes. Lucy and Nancy told Sandra from CPS they are scared of the dark and monsters when they stay home on their own.</p> <p>On a home visit on March 27, Sandra saw Anna push Nancy roughly on her chest which made her fall hard onto the couch. Sandra says Anna told Lucy and Nancy to 'piss off to your rooms' and the girls both had scared looks on their faces. Anna was holding onto Lacie when this happened and she started to cry because Anna yelled so loud. Anna said she was just sick of Lucy and Nancy complaining all the time.</p> <p>On the 29th September 2016, the police told Sandra they saw two children in town with a really drunk man. Police said they thought the man was the father of the girls and went to the home. Nancy answered the door on her own. The man was Anna's friend Keiran and the police say he was so drunk he was nearly falling over. The police also said the inside of the house was very dirty with open bottles, dirty clothes, cigarettes butts and other dirt all over.</p> <p>The police called CPS who came to the home. Anna got very upset and angry when Sandra arrived and was screaming and yelling and swearing at everyone, even Lucy, Nancy and Lacie. The girls were crying.</p> <p>Sandra and Keir say that every time they try to talk to Anna about the girls and the worries she gets angry, swears and yells and this means they can't have a conversation with her about the things they need to talk about.</p>	<p>Strengths</p> <p>Frank says he knows the fighting was bad between him and Anna and he always felt guilty that his little girls were crying and frightened.</p> <p>Frank says he has been trying to cut back on smoking marijuana. He said he is now smoking about once or twice a week instead of every day. Frank says he is talking to Marie about this and that is helping. Marie says she is proud of Frank for making different choices and that when he isn't stoned he is a good help around the house with odd jobs that need doing.</p> <p>Both Frank and Anna say Marie has been a really good support for them both because she doesn't take sides, even though Frank is living with her she knows the problems aren't just Anna's or just Frank's, and she always tries to see both sides.</p> <p>Lucy told Sandra that she feels safe when Poppy Vincent comes to the house and tells Daddy Frank to behave because he always does what he is told when it is Poppy Vincent telling him.</p> <p>Crystal, Anna's next door neighbour, says she has often seen or heard Anna and the girls singing and dancing to the music on the stereo. Crystal says she can see they are having lots of fun, the girls smiling and laughing and Anna has baby Lacie on her hip while they all dance around together.</p>	<p>Neglect Safety Goal</p> <p>Sandra, Keir and their mangers in CPS want Lucy, Nancy, and Lacie to live with Anna or Frank again because it is clear they both love the girls and the girls love their mummy and daddy.</p> <p>For that to happen, workers at CPS need to see that Anna and Frank can work with the social workers to create a story that explains to Lucy, Nancy, and Lacie why they don't live with them now. They also need Anna and Frank to find some people who will work with them and CPS to make and follow a detailed safety plan, that will show everyone that the girls will have a clean house to live in, clean beds to sleep in, clean clothes to wear, are kept clean, given food that fills them up and see a doctor when they need too, no matter what is happening in Anna and Frank's life. The plan also needs to show everyone that the girls will always be looked after by an adult who is sober, treats them well and is an agreed member of the safety network. When the plan is finished Anna and Frank will explain it to Lucy, Nancy, and Lacie so everyone understands the rules.</p>

WHAT ARE WE WORRIED ABOUT?	WHAT'S WORKING WELL?	WHAT NEEDS TO HAPPEN?
<p>Neglect Danger Statement</p> <p>Keir and Sandra from CPS can see how much Anna and Frank love and care for Lucy, Nancy, and Lacie when they come to see them at the office and everyone has big smiles, lots of love and hugs. Anna and Frank say they hate that they don't have the girls at home with them and will do anything to have them back.</p> <p>Keir and Sandra are worried that if the children go back to live with Anna or Frank, the children might get hurt or sick from not being clean, not having enough good food, the house being dirty and not getting to doctors when they are sick. Keir and Sandra are also worried that if the children go home to live with Anna or Frank they might get left with people who have been drinking, using drugs or who don't know how to look after children properly, like the time when Anna asked Keiran to look after Nancy and the police said that Keiran was very drunk. If this sort of thing keeps happening, then Sandra and Keir are worried that the children will be scared and could end up getting badly hurt.</p> <p>Domestic Violence Danger Statement</p> <p>Keir and Sandra are worried that when Anna and Frank were living together there was lots of screaming, arguing and hitting. The girls have told social workers about times when Anna and Frank were fighting, like the time Nancy told social workers that 'Daddy punched Mummy real hard and she fell back against the fridge'. Nancy said 'they were all crying and Lucy was shouting stop Daddy stop!' Frank also told social workers that Anna punched him in the face when he was holding baby Lacie. The social workers are impressed that Anna and Frank decided to separate to make the girls safer, but are still worried that the yelling, swearing and hitting between Frank and Anna will continue and the girls might get hurt, feel terrified and feel like somehow this is all their fault. This could mean they don't grow happily like kids their age should and they start thinking that the way to solve disagreements is to scream, swear and hit people.</p>	<p>Existing Safety</p> <p>In June 2016 when Frank was angry, hit Anna and locked her outside, Anna called Nana Norma who came to pick her up. Nana Norma talked to Frank and he calmed down and agreed to let Nana Norma take Anna and the girls back to her house for a couple of days until things calmed down. Nana Norma told Frank he couldn't come to the house if he was going to be angry at Anna.</p> <p>Marie said that she always stays with Frank when he has time with the girls and she does the pick-up and drop off between Anna's and Frank's. Marie says she does this so that there is less chance of any fighting and so that the girls don't get caught up in the arguing, screaming or yelling.</p>	<p>Domestic Violence Safety Goal</p> <p>Social workers know that Anna and Frank love Lucy, Nancy, and Lacie and want Lucy, Nancy, and Lacie to have strong relationships with both their Mummy and Daddy. For this to happen, CPS need both Anna and Frank to work with Keir to create an explanation for the girls about the anger, and fighting they have seen, why they don't live all together anymore and what Anna and Frank are doing about the problems. After this, both Frank and Anna, together with the safety network, will create and use a straightforward plan with rules that everyone agrees to, that they can explain to the girls, about where the girls will live, when they will see Anna and Frank and what everyone will do so that the girls always feel happy and safe no matter what is happening in Anna and Frank's lives.</p> <p>Anger Safety Goal</p> <p>Keir and Sandra know that talking about the problems is really for difficult for Anna and her sadness comes out as scary anger a lot of the time. Keir and Sandra want Anna to know that the thing they all agree on is that they want the girls to come home.</p> <p>For this to happen, CPS workers need to be able sit down and talk together with the members of the safety network about times when Anna gets angry and make a plan that the girls can understand that shows everyone what Anna and the network will do when Anna starts to feel angry and frustrated, to keep things calm so that none of the girls get screamed at or hurt.</p>

What are we worried about?	What's working well?	What needs to happen?
<p>Anna's Anger Danger Statement</p> <p>Keir and Sandra know that Anna loves Lucy, Nancy, and Lacie and wants them to live together again, and they want to work with Anna to make this happen. The social workers are most worried when they see Anna being really angry, especially with the girls, like the time workers heard Anna telling the children to "piss off down to your room" and saw Anna grab Nancy roughly and push her towards a sofa. It is very scary for children to be around grownups who yell and seem to lose control; it makes them nervous and unsure who to trust. Keir and Sandra are worried that if the children go home, Anna will keep losing her temper and that the children could be hit or injured and the girls will either become aggressive themselves or become very withdrawn and sad and perhaps start thinking this is happening because they are bad. Keir and Sandra are worried that they can't talk with Anna about the times she gets angry, which means they can't make plans together for the girls to spend more time with Anna or to come home.</p>		<p>Next Steps</p> <p>At the meeting next Wednesday, Frank and Anna will talk with Keir and Sandra about the explanation they want to give to the girls about the problems and why they don't live at home anymore so that over the next three weeks they can work at creating the draft Words and Pictures story.</p> <p>Frank and Anna will both talk to their family, neighbours, friends and other people they know to see who can come to the next meeting to build the safety network.</p> <p>Once the Words and Pictures story is finished, Keir and Sandra will talk with Frank and Anna and their network people, so they can work together to make a safety plan for when they spend time with the girls. Keir and Sandra will ask lots of questions to help build up the plan including asking about times in the past when Anna and Frank have been able to care for the girls even though they have problems.</p>

Safety Scale
<p>Neglect Safety Scale</p> <p>On a scale of 0-10 where 10 means that if the children returned home tomorrow to live with Anna or Frank, there is a clear plan in place with people to help so that the home will be clean, the girls will have clean clothes and good meals, be able to attend all their doctor appointments and are cared for by safe sober adults, and 0 is that nothing has really changed and there is no plans for how things could be different, and even though Anna and Frank really love and miss the children, things would probably be the way they were when the children went into foster care and it wouldn't be long before they were scared, sick or in danger of getting hurt again. Where would you rate things today?</p> <p>Anna – 7 says she looks after the girls but sometimes gets really stressed like any mum and it's hard on her own when the girls are naughty and she has no money.</p> <p>Frank – 4 since he was working away and they have split up, Anna seems to just go out all the time and not always look after the girls.</p> <p>Norma – 6 the kids are OK, just sometimes money is tight and things don't always get kept as good as they should at Anna's house, but Anna loves the kids and will do anything to get them back.</p> <p>Vincent – 6 like Norma said, the kids are OK, just sometimes they don't want to eat their dinner or have a bath.</p> <p>Marie – 3 says she has been really worried about the girls for a while now and about Anna and Frank. To go up higher, she said she would need to see Anna and Frank share the looking after better and stop drinking/smoking pot.</p> <p>Crystal – 6 things have gone downhill lately but Anna is mostly a really good mum.</p> <p>Sandra – 1 things have been getting worse in the house and when the girls were taken into care, the house was not an acceptable place for the kids to live. To rate it higher, Sandra would need to see that Anna and her family and friends do a big clean-up of the house to start with.</p> <p>Keir – 1 Like Sandra said, things seemed to be getting worse and worse and she worries that Anna didn't realise how bad things have got, so doesn't know what she need to change to make the house and care for the girls well enough.</p>

Domestic Violence Scaling Question

On a scale of 0 – 10 where 10 is everyone is confident that even when Anna and Frank are upset with each other, there is a plan in place that everyone understands, that shows how they can deal with their problems and make sure Lucy, Nancy, and Lacie never get caught in adults' problems so they can be happy with both their parents, and 0 means that even though everyone knows Anna and Frank love the girls, Lucy, Nancy, and Lacie still get caught between Anna and Frank with both parents blaming the other parent in front of the children and everyone can see it is only a matter of time before the screaming, yelling and even hitting starts up again causing the girls to get sadder, withdrawn and scared — where would you rate the situation for Lucy, Nancy, and Lacie today?

Anna – 2 Frank just doesn't let things go and he ends up hitting me. I try to get him to stop and he won't. I know the girls get scared. To move up higher, he needs to leave me alone.

Frank – 3 I don't think it is that bad, I have hit sometimes but she drives me mad. I probably should see a counsellor, that would make me rate it higher I suppose.

Norma – 4 Well Frank hits, but we have a bit of a plan already: Vincent and I go over and get Anna and the kids and take them home when Anna rings.

Vincent – 4 They need to stop it. The girls are scared. Anna does get pretty fired up but Frank needs to keep his hands to himself.

Marie – 2 I am really worried for the girls, especially when both Anna and Frank are screaming and the girls ring me crying. To move up, I need to see them both agree not to hit.

Crystal – 5 I think it is better now that Frank and Anna split up. For me to go up, I need to see us have some more meetings I suppose to make the plan.

Sandra – 3 It seems like there is a bit of a plan that sometimes works, but Frank keeps hitting so the plan doesn't always work.

Keir – 2 The girls are so scared and it seems Anna and Frank can't stop their fighting, even though they can see how scared the girls are.

Mum's Anger Scaling Question

On a scale of 0 to 10 where 10 means Anna and the support network have created a plan that is working so that when Anna gets frustrated she can control her anger and the girls are always safe and not feeling scared that Anna might blow up, and 0 is Anna doesn't want to talk about getting angry and there aren't any plans for how she and the support people can keep things calm when Anna is frustrated, and the girls are probably worrying will their mum blow up, where would you rate it?

Anna – 5 I don't think I am that bad. Everyone just pisses me off with their moaning about everything I don't do. To go up, I need to see everyone give me a break.

Frank – 2 I hate it how Anna yells at my girls. I want to see her go to anger management or something so she learns to do that.

Norma – 6 I don't think it is that bad. I yell and it hasn't hurt my kids. Anna gets real stressed. Frank needs to help more.

Vincent – 3 I don't think it's right for her to yell at the kids. Anna needs to learn ways to calm down like you said but she hasn't got any of those ways yet.

Marie – 2 It makes me scared sometimes how angry Anna gets. I need to see her do some counselling or something to learn better ways to get calm.

Crystal – 4 I know she yells but she also plays lots with the girls and I hear them having fun too. To get higher, I reckon she needs to spend more time with them and, yeah, a counsellor would be good. And Frank needs to help.

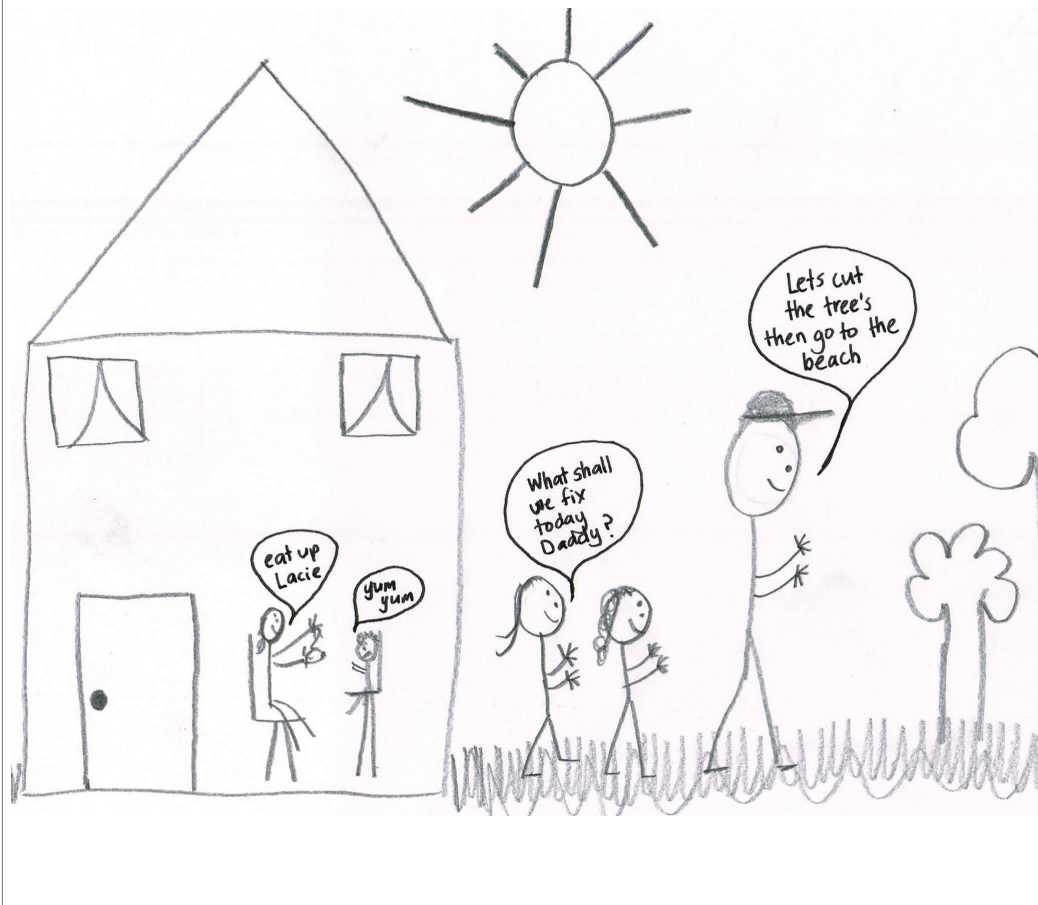
Sandra – 2 I have seen Anna really lose it with the girls and it is scary, but one time at contact I saw her keep herself calm even though something made her feel mad right before contact so she can do it sometimes. To go up the scale, I need to see that sort of thing happen more and more.

Keir – 2 I have also seen Anna calm herself but not enough to know she has a good plan and strategies.

WORDS & PICTURES

This is a story written by Mummy Anna and Daddy Frank to tell Lucy, Nancy, and Lacie why they aren't living with Mummy and Daddy and what's going to happen now.

1. Mummy Anna met Daddy Frank when Mummy was 20 years old and Daddy was 24. Mummy Anna thought Daddy was very handsome and he made her laugh lots. Soon they decided to get married and had their three girls Lucy, Nancy, and Lacie. Daddy said Mummy Anna was his queen and the girls his three princesses. They had lots of happy times together and especially loved playing in the garden, helping Daddy fix things and having trips to the beach.



2. Even though there were good times when they all had fun, Mummy and Daddy had big problems too and lots of worries about having enough money. Daddy Frank and Mummy Anna started yelling at each other and the rows got more and more scary.



3. Mummy remembers being frightened of scary yelling fights when she was a little girl and Daddy says he hated the yelling and fighting at his house when he was little too. Although Mummy and Daddy tried hard, they couldn't seem to stop all the yelling and swearing and soon it seemed like there were not many happy times anymore, just lots of yelling. Daddy started to smoke lots of marijuana too which made things worse.



4. Things got so bad that one night and there was a really big fight. This was the worst, scariest fight. Mummy and Daddy were both yelling nasty things and daddy hit Mummy. Lucy was scared and was yelling 'stop hitting her, Daddy', Nancy and Lacie were crying a lot. Mummy ran outside and Daddy locked the door. This made Mummy really scared.



5. Mummy called Nana Norma, which was really good. Nana Norma came to help, Daddy opened the door then so that Lucy, Nancy, and Lacie could go with Mummy and all stay at Nana Norma's place.



6. Mummy and Daddy know that men hitting women is wrong, and Daddy says he never wants anyone hitting his girls. Mummy and Daddy decided they wouldn't live together anymore and Daddy went to live with Aunt Marie. Mummy and Daddy both know they have told different stories to the girls about why they separated and this has confused Lucy, Nancy, and Lacie. Mummy and Daddy have agreed they won't say bad things about each other to the girls anymore.



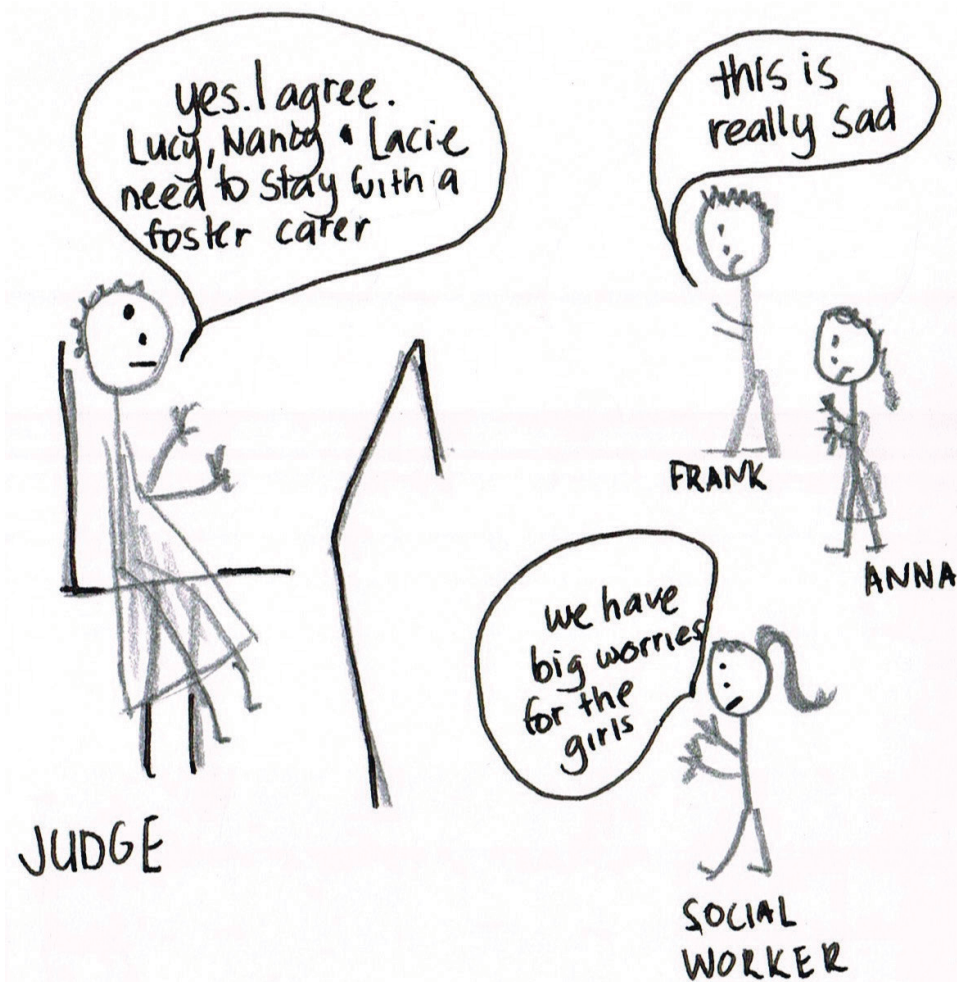
7. Mummy tried hard to look after the girls on her own but it wasn't easy and Mummy got really tired and worried about lots of things. Mummy started yelling more and more at Daddy, the teachers at school and the girls. The teachers at school rang the social workers because they thought Mummy needed help. The school and the social workers were worried that sometimes the girls didn't get looked after properly and were hungry and dirty.



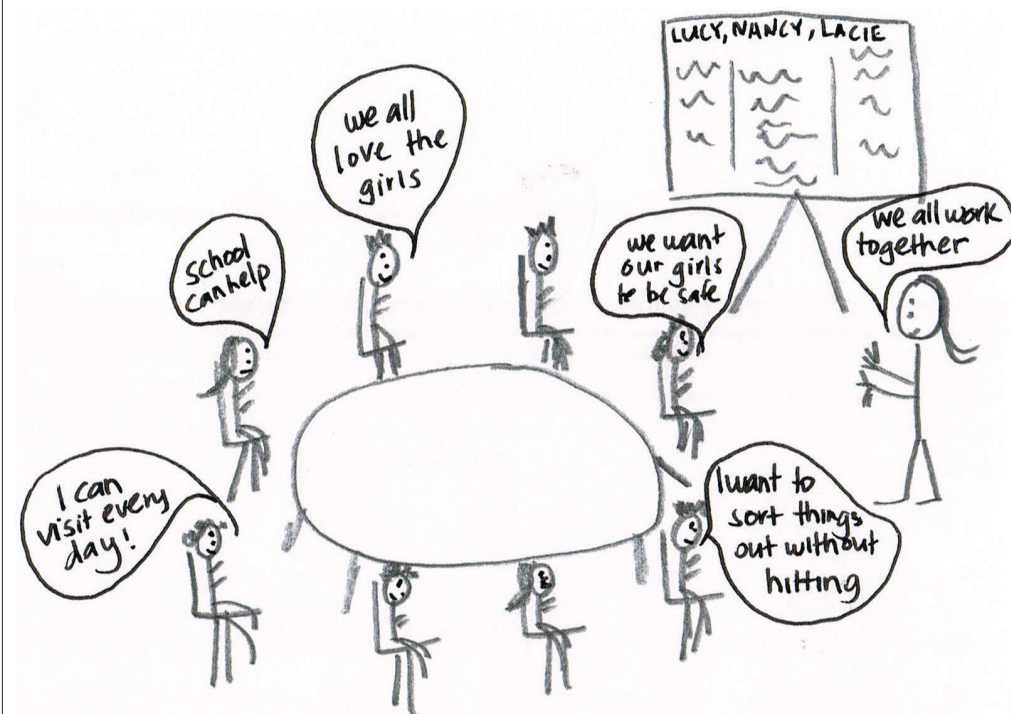
8. One day the police saw a man who was very drunk, looking after Nancy. The police said that this was dangerous, and a drunk person should not be caring for Nancy. The police and social workers went to talk with Mummy about what happened. Mummy was scared and started swearing and yelling at the police to go away. The girls were crying and Mummy yelled at the girls too.



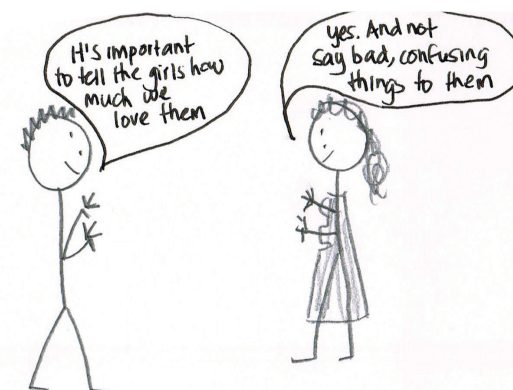
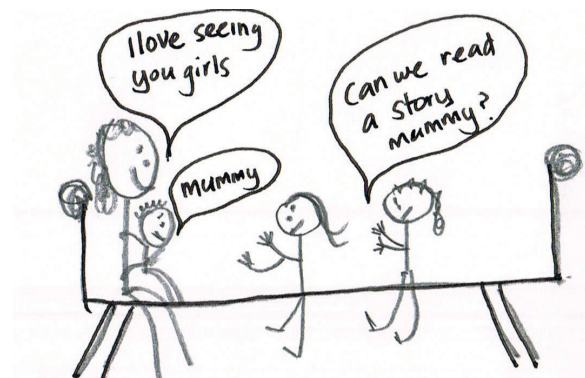
9. The police and the social workers said these problems were very serious and they needed to make sure that Lucy, Nancy, and Lacie were always looked after properly, so they talked to a judge about what should happen. The judge said she was very worried about Lucy, Nancy, and Lacie too, and said the girls needed to live somewhere else while Mummy and Daddy got their problems sorted out.



10. Mummy Anna and Daddy Frank have asked Nana Norma, Crystal from next door, Nicki from church, and Miss Finch from school to help them. Nana, Crystal, Nicki and Miss Finch will meet with Keir and Sandra at CPS, and Mummy and Daddy, to make a plan to make sure that Lucy, Nancy and Lacie will always safe and happy.



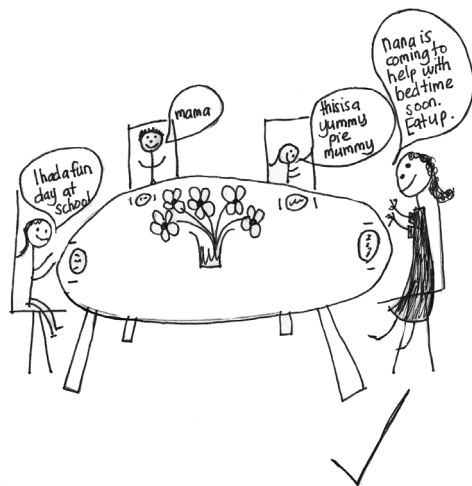
11. While everyone is working hard to make the plan, Mummy and Daddy will keep seeing the girls and be able to play with them, cuddle them, read them stories, take them to the beach and park and most important of all, let them know all the time how much they love them.



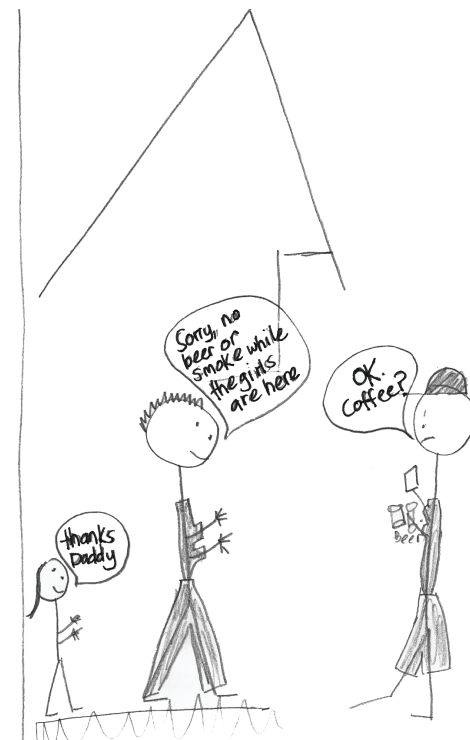
SAFETY PLAN

This is a safety plan to show everyone that Lucy, Nancy, and Lacie will be safe and well looked after every day.,

1. Mummy Anna and Daddy Frank both know that when they have had big scary fights this has scared Lucy, Nancy, and Lacie and they will make sure this never happens again. When Mummy Anna and Daddy Frank have adult things to talk about they will ask Nana Norma, Aunt Marie or one of the safety people to come and help them so that they can both stay calm.



2. Mummy Anna and Daddy Frank have agreed Lucy, Nancy and Lacie will live with Mummy and will always see Daddy Frank. Mummy Anna and Daddy Frank agree that no one will drink alcohol or take drugs like marijuana when the girls are at home with Mummy or when they are with Daddy Frank.



3. Someone from the safety network will visit Mummy Anna, Lucy, Nancy, and Lacie every day when the girls first come home and at least two times per week later on. The safety people will join in with the family and help out and always talk with Lucy, Nancy, and Lacie on their own to make sure everything is okay. There is a list on the fridge door about who will come when. If one of the network people can't make it because they are sick or for some other reason, they will call one of the other network people to visit instead. All the visits will be recorded in the safety journal.

SAFETY NETWORK ROTA

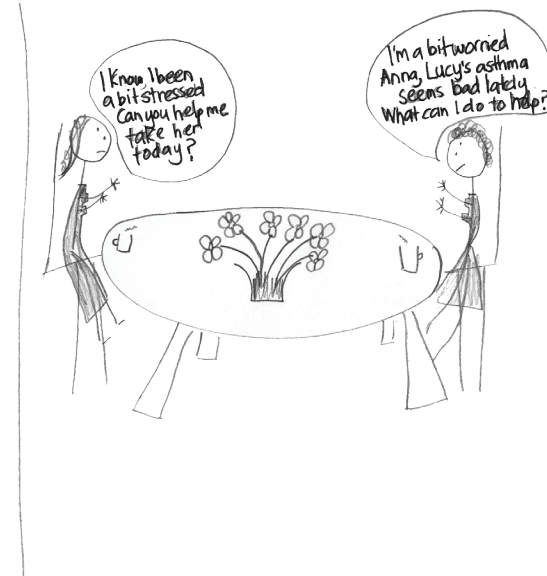
SUNDAY Nana
MONDAY Aunt Marie
TUESDAY Crystal
WEDNESDAY.....
THURSDAY.....
FRIDAY.....
SATURDAY Nana



It's important to tell someone if you are worried.



4. Mummy Anna and Daddy Frank will make sure Lucy, Nancy, and Lacie always have enough good food, clean clothes and a bath every day. They will always go to the doctor when they are sick. The safety network people will check that this is happening when they visit and write about it in the safety journal. If the network people are worried they will talk to Mummy Anna and Daddy Frank and other network people so that they can make sure the girls get looked after well all the time.



5. If Mummy Anna is feeling like she is getting cross about something, she will try and talk to Lucy, Nancy and Lacie in a calm voice and tell them what she wants them to do and why. If Mummy finds herself yelling or swearing, she will ring Crystal next door, Nana Norma or someone else from the safety network. They will come straight away. When they get there, Mummy will go to her room and listen to her music until she feels calm. Whoever comes will look after the girls for at least an hour so Mummy can have time to chill out.



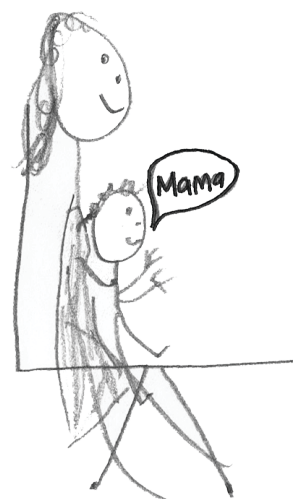
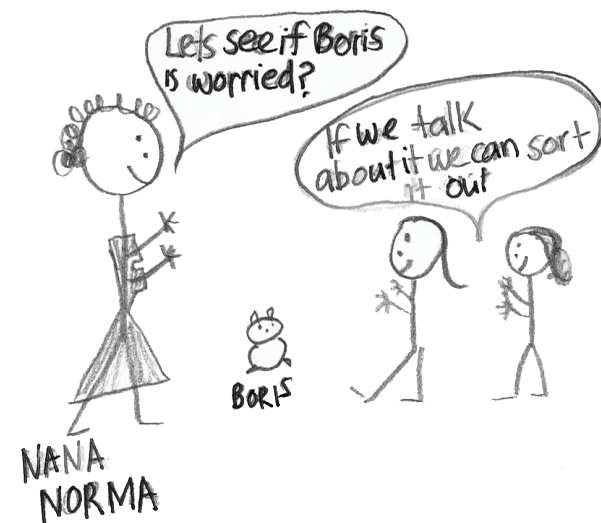
6. If Mummy is ill or worried about anything, she will ring Nana Norma, Crystal, Aunt Marie or Nicki from church. They will come round within 15 mins to help Mummy. Whoever comes will write in the safety journal about what happened and what they did when they visited.



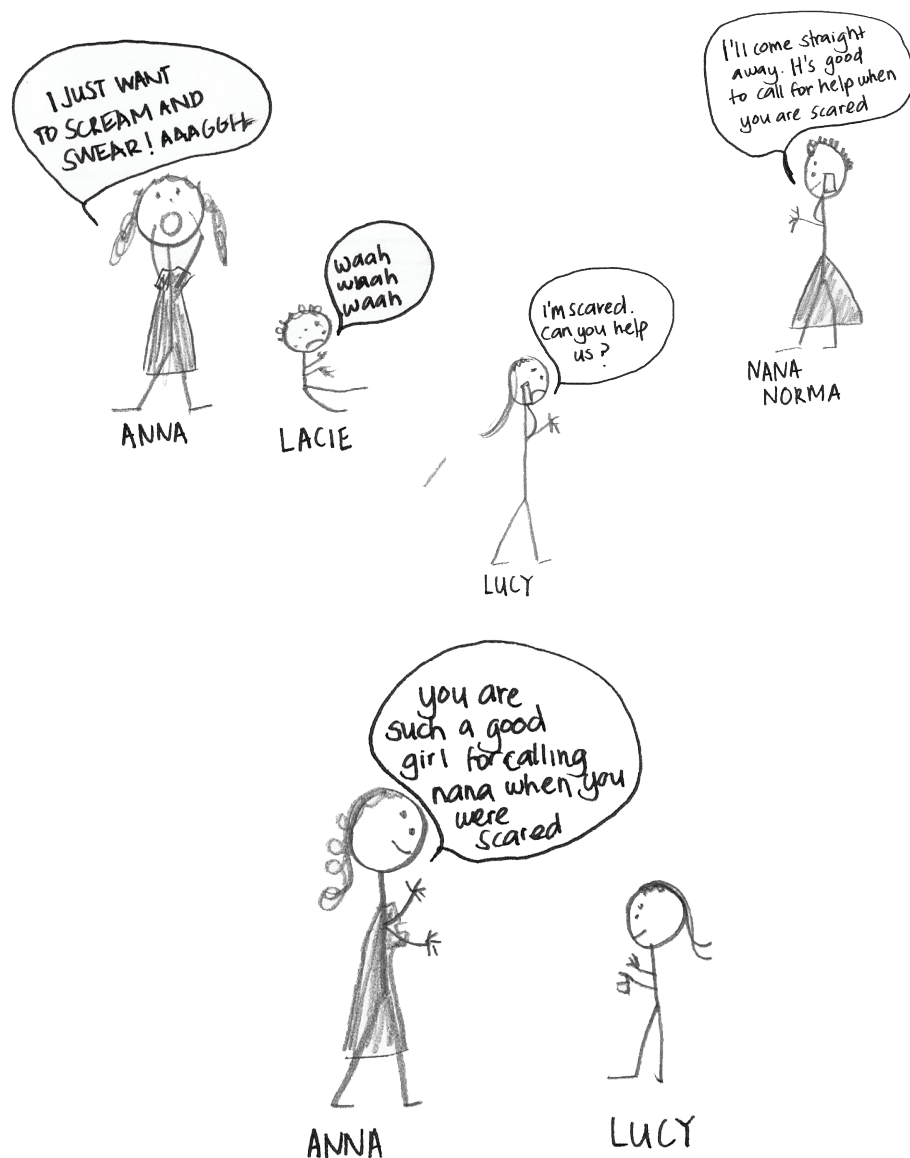
7. If Mummy Anna wants a break, she will call someone on the safety network and ask if they can look after the girls while she has some 'me' time to go out with friends for a walk, lunch or a night out.



8. If Lucy, Nancy, or Lacie are ever scared by yelling, drinking or someone who worries them visiting the house, they will move their safety object: the small panda toy Boris. When the safety network people come to the house they will always check if Boris has been moved and if they see he is moved, they have to ask Lucy, Nancy, or Lacie what they are worried about and sort out the worries.



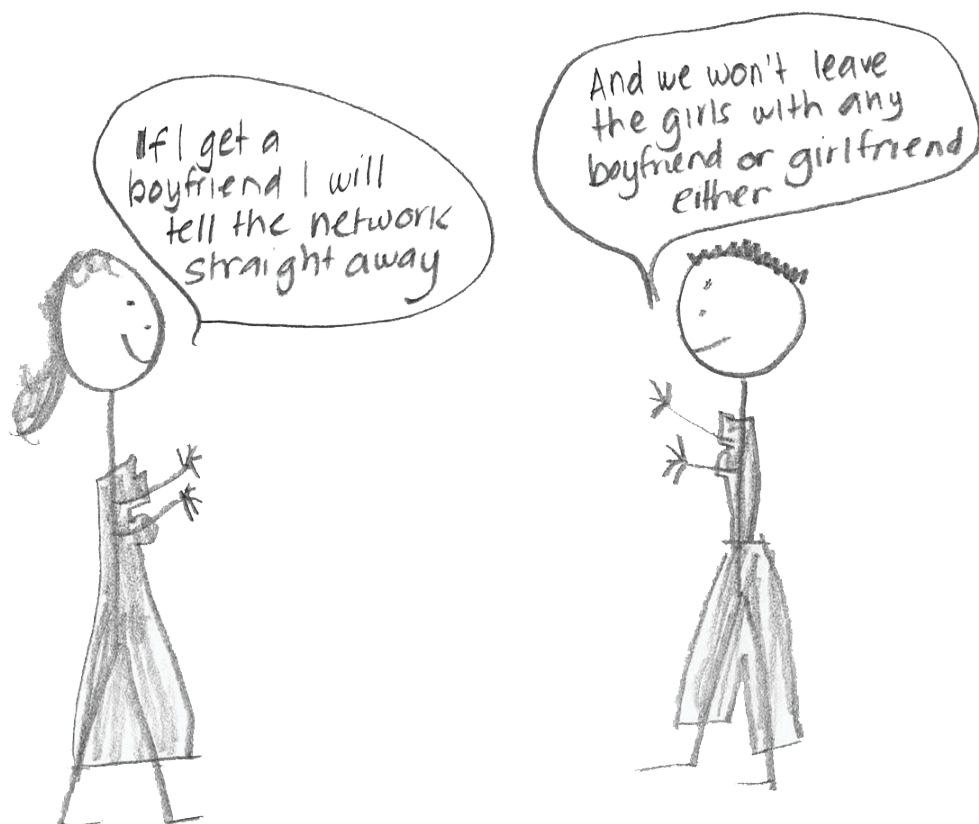
9. If Lucy, Nancy, or Lacie are scared, Lucy can ring Nana Norma or Crystal with her mobile phone and they will come over and sort out the worries.



10. Mummy and Daddy have agreed that Lucy, Nancy, or Lacie will be with Daddy Frank every Sunday and for a week during the holidays. Just like at Mummy's house, Daddy agrees there will be no alcohol or other kinds of drugs like marijuana at his house when the girls come to visit. The safety people that will make sure everything is always okay at Daddy's house are Aunt Marie and Nicki from church. Lucy can use her mobile phone to call Aunt Marie if she is worried when the girls are with Daddy and Aunt Marie will come straight away. Daddy is happy that Lucy has the phone and can call whenever she likes.

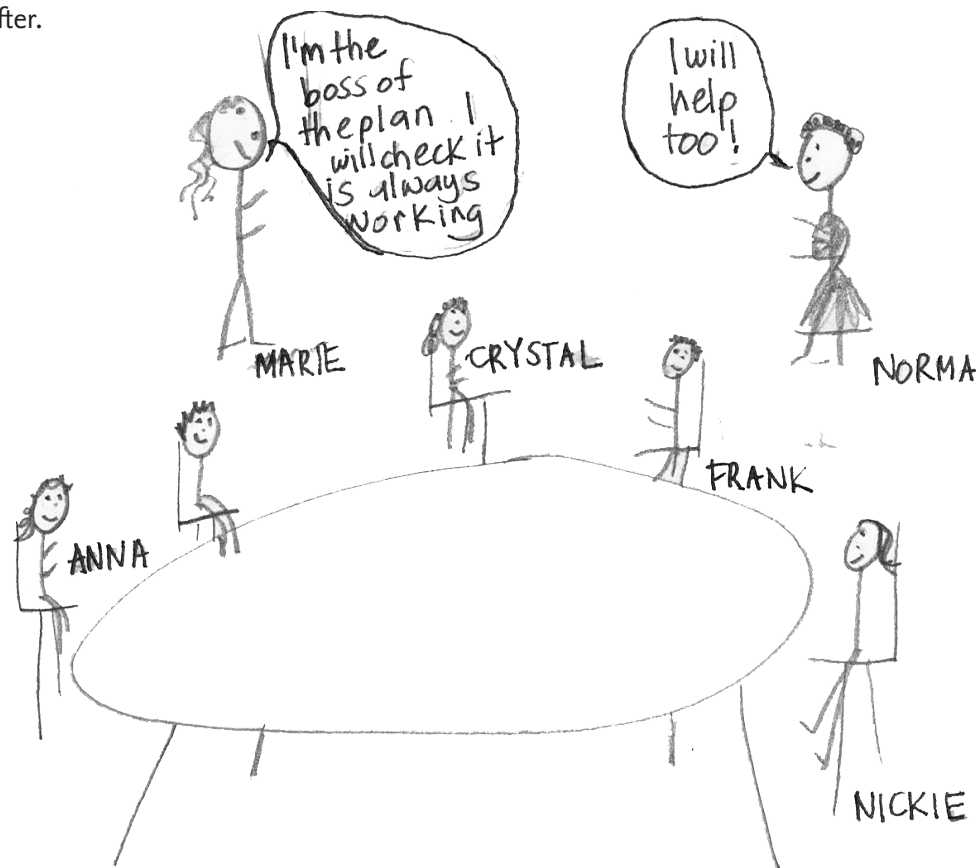


11. If Mummy or Daddy have a new partner, the network will want to check they are okay and safe people. Any new person will just support Mummy or Daddy. They won't look after the girls for at least the first 6 months.



12. Aunt Marie is the boss of the safety plan and will make sure everyone is following the plan and writing in the safety journal.

Everyone wants to help show that Lucy, Nancy, and Lacie will be safe and well look after.



"WE WILL ALL MAKE SURE
LUCY, NANCY AND LACIE
ARE SAFE AND WELL
LOOKED AFTER ALL
THE TIME"

LUCY, NANCY AND LACIE CASE: SAFETY PLANNING TIMELINE

DATE	TASKS	MEETINGS / MONITORING	CONTACT CHANGE: ANNA	CONTACT CHANGE: FRANK
Preparations	<p>Present and gain agreement on trajectory and timeline from all key professionals including responsible managers/directors, the court etc.</p> <p>Present timeline to foster carer/s.</p>	<p>Meetings with key professionals to arrive at agreement to proceed.</p> <p>Meeting/s with foster carer/s.</p>	<p>Current Contact Arrangements:</p> <p>1/week 1.5 hours professional supervision.</p>	<p>Current Contact Arrangements:</p> <p>1/biweekly 1.5 hours professional supervision.</p>
Week One	<p>Meet with and discuss trajectory and timeline with Anna and Frank separately, explain whole process to them to secure their agreement to start this process. Once agreement is reached, start process. Ask Anna and Frank to tell children it's okay to do My Three Houses (M3H) work with Sandra.</p> <p>Meetings 3 and 4: finalise danger statements (DS), safety goals (SG) and safety scales and get started on mapping what's working with Anna and Frank and the support people they bring.</p> <p>Introduce Family Safety Journal (FSJ) for both Anna and Frank get them to use every time they see the girls.</p>	<p>Two meetings:</p> <p>M1 and M2: discuss trajectory and timeline with Anna and Frank separately.</p> <p>M3 and 4</p>	<p>Once agreement reached, immediately increase Anna's contact with the girls to 2 times per week.</p> <p>At ALL contact times everyone writes in the safety journal what went well – take pictures and stick them in the book. Anna takes responsibility to keep the journal get everyone filling it in and bring to all safety planning/review meetings.</p>	<p>Once agreement reached, immediately increase Frank's contact with the girls to 2.5 hours per visit.</p> <p>At ALL contact times everyone writes in the safety journal what went well – take pictures and stick them in the book. Frank takes responsibility to keep the journal get everyone filling it in and bring to all safety planning/review meetings.</p>
Week One/Two	<p>Explain timeline and reunification steps to Lucy and Nancy and that both parents have agreed. Do the My Three Houses work with Lucy and Nancy FOCUSING on Good Things and Dream Houses before House of Worries with Sandra.</p> <p>Then present the Words and Pictures draft, discuss for immediate reactions and ask them to go away and think and reflect.</p>	<p>At start of ALL subsequent meetings, ALWAYS start with parent or support person reading DS and SG, then review of safety journal focusing on good times and time when dealt well with challenges .</p> <p>Do safety scaling AT EVERY MEETING with everyone and track and discuss movement in the ratings.</p> <p>Meet with Lucy and Nancy.</p> <p>Meet with Frank and Anna and support people.</p>	As above.	As above.

DATE	TASKS	MEETINGS / MONITORING	CONTACT CHANGE: ANNA	CONTACT CHANGE: FRANK
Week Two to Five	<p>The major work of these four weeks is:</p> <ol style="list-style-type: none"> 1 Preparing the Words and Pictures (W&P explanation) 2 Building safety networks 3 Beginning safety planning work with Anna and network to create some simple safety rules for first overnight (ON) stay 4 Sandra checking in with network people and children weekly 	Weekly review and planning meetings with Anna and her support people and Frank and his support people. Together if possible.	<p>Once Anna has brought in all her network increase to weekly 2 hours/visit.</p> <p>Involve the children with Anna in the planning and making the visits fun.</p>	<p>Once Frank has brought in all his network increase contact to 2 hours/fortnight.</p> <p>Involve the children with Frank in the planning and making the visits fun.</p>
Week Six	<p>Present Word and Pictures explanation to the network and the children.</p> <p>Everyone in the networks, foster carers and the children gets a copy of the W and P.</p>	Present Word and Pictures explanation to Nancy and Lucy with everyone possible present including extended family/friends.	Increase Anna's contact with the girls and switch to network supervision.	Increase Frank's contact with the girls to 2 hours each weekend and switch to network supervision.
Week Seven through Eleven	<ol style="list-style-type: none"> 1 Safety Planning work to deepen the detail of the plans for Anna and Frank always building from successes, and the everyday details of good care 2 Sandra checking in with network people and children weekly 3 Involve children in choosing safety objects, safety people and tests (First phone test week 8 on weekend with Anna, week 9 with Frank) 4 Miracle Question Session: Involve children with Anna and Frank and key network people in one of the planning sessions using a Miracle Question process 5 Week 11: Adults turn all the rules into a Words and Pictures safety plan that Nancy and Lucy can understand and that can be put up somewhere in the family home (say on the fridge). Separate plan for Frank's contact 6 Plan for permanent ongoing contact for Frank and girls 	Weekly safety planning and review meetings.	<p>Increase family time between Anna and girls together suggest something like:</p> <p>Weeks 7 and 8: 3x/week including one over-night (ON) stay and all day one weekend day. Have two hours on own on weekends.</p> <p>Weeks 9, 10, 11: 3x/week two ON stays and whole weekend together. Support people stay each night and present most times, family to have 2 four hours on own during day on weekends.</p>	Increase Frank's time 3 hours/ weekend with girls, support person present at beginning and end – week 9

DATE	TASKS	MEETINGS / MONITORING	CONTACT CHANGE: ANNA	CONTACT CHANGE: FRANK
Week 12	<p>Child-centred Words and Pictures and Safety Plan presented to children.</p> <p>Foster homes farewell events.</p> <p>Family Reunited</p>	<p>Farewell event with Anna and Frank present at foster homes.</p> <p>Child-centred Words and Pictures version presented to Nancy and Lucy with everyone possible present.</p>	Safety network person/people visiting the home and helping two times morning and evening during week 12.	Start final contact arrangement amount for Frank and girls continue network supervision on alternative visits.
Weeks 13 through 23	<p>Demonstration and Monitoring</p> <p>1 Three review meetings</p> <p>2 Sandra hands over all checking in with the children to safety network</p> <p>3 Establish ongoing rota for home visits by network and checking in with children</p>	<p>1 Three review meetings suggest weeks 14, 17 and 22, building always from what's going well as above.</p>	<p>Weeks 13 to 16 Safety network people visit and help at Anna's 2x/day including end of day (most difficult time of day).</p> <p>Weeks 17 to 20 Safety network people present 1x/day particularly focusing on most difficult time of day.</p> <p>Weeks 21 to 23 Safety network people present at least 3 to 4x/week including end of day (most difficult time of day).</p>	Continue final contact arrangement amount for Frank and girls have network person present at least one in four visits.
Week 24	Close case	Celebratory Meeting Music and Dancing!!!		